

# Manager Assist.

Professional support  
for managers

## Manager Assist

Manager Assist provides a high level of professional support to leaders, managers and supervisors. This assists with managing challenging people-orientated workplace situations.

Manager Assist has been developed to provide leaders, managers and supervisors with an opportunity to obtain timely and confidential support as they lead.



## Manager Support Line

Human Psychology provides a confidential Manager Support Line, to discuss concerns or issues. Queries will generally be responded to within 24 hours (unless assessed as critical /urgent).

Those accessing the support will receive initial advice and guidance from a highly trained clinician.

Human Psychology provides access to specialised support and understanding for dealing with culturally based issues or concerns.

## How do I access Manager Assist?

Manager Assist is accessible via face-to-face or via telehealth – phone consults or telehealth platforms.

## Manager Assist provides

- ▶ Brief consultations with leaders, managers and supervisors by phone or email (Manager Support Line).
- ▶ Coaching for leaders, managers and supervisors.
- ▶ Skills training.
- ▶ Consultation on managing difficult conversations with staff.
- ▶ Complex human resources case consultation.

# Manager Assist.

Professional support  
for managers



29 Dequetteville Terrace, Kent Town SA 5067

## Integrated approach

Human Psychology has partnered with the University of Adelaide to develop a sound understanding of the operations, human factors, and culture within the organisation. This understanding facilitates delivery of an integrated support system to enable leaders, managers and supervisors to thrive and grow.



**Phone:**  
1300 277 924

**Email:**  
[reception@humanpsychology.com.au](mailto:reception@humanpsychology.com.au)

**Website:**  
[humanpsychology.com.au](http://humanpsychology.com.au)

Please refer to the Human Psychology website for details about the team. Call or email reception to arrange an appointment that is convenient to you.

**Human Psychology**  
29 Dequetteville Tce  
Kent Town SA 5067

**Medical One**  
359 Main South Rd  
Morphett Vale SA 5162

**Innovation House**  
50 Mawson Lakes Blvd  
Mawson Lakes SA 5095



**Human  
Psychology**  
Think. Feel. Perform. Better.